

Consumer Name: _____	Date of Birth: _____
Insurance Number: _____	Medical Record #: _____

**Jonadab S. Franco, LCSW, LISW-CP**

DBA: 21st Century Counseling, PLLC

**Client Intake Form**

*Please complete all information on this form and bring it to the first visit. It may seem long, but most of the questions require only a check, so it will go quickly. You may need to ask family members about the family history. Thank you!*

Consumers Name: \_\_\_\_\_

Name of parent or guardian (if under 18 years old):

\_\_\_\_\_

**\*\* The following questions are in reference to the patient  
(not the patient's parent or guardian)\*\***

Age: \_\_\_\_\_ Birthdate: \_\_\_\_\_ Gender:  M  F

Marital Status:  Single/Never Married  Married  Divorced  Separated

Widowed  Domestic Partnership

Please list any children and ages: \_\_\_\_\_

Home Address: \_\_\_\_\_  
(Street Number)

(City) (State) (Zip Code)  
Home Phone: \_\_\_\_\_  yes  no  
(okay to leave a message/text)  
Cell/Other Phone: \_\_\_\_\_  yes  no  
(okay to leave a message/text)  
Email: \_\_\_\_\_  yes  no

\*Your e-mail address will also be used to create a patient portal account\* (okay to email a message)

How did you find out about Jonadab S. Franco, LCSW, LISW-CP: \_\_\_\_\_

Referred by (if any): \_\_\_\_\_

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Emergency Contact Information:

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(Name)	(Relation)	(Phone #)
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Have you previously received any type of mental health services, such as counseling or psychiatric services:  yes  no

If yes: \_\_\_\_\_  
(Name) (Phone)

What are the problem(s) for which you are seeking help for you or your child?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

What are your treatment goals? What do you want therapy to accomplish?

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**Family Background and Childhood History**

Please list any medical (both physical and mental health) conditions that exist within your family, as well as the family member with the condition:

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Is there a history of drug/alcohol abuse and addiction in your family? If so, please describe:

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Is there any history of suicide in your family? If so, please list: \_\_\_\_\_

Do you have any siblings? If so, please list with ages, identify as brother or sister (*do not list names*):

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Who do you turn to for support in your family?

\_\_\_\_\_

Were you adopted?  Yes  No Where did you grow up? \_\_\_\_\_

List your siblings and their ages:

\_\_\_\_\_

What is your father's name? \_\_\_\_\_

What is your father's occupation? \_\_\_\_\_

What is your mother's name? \_\_\_\_\_

What is your mother's occupation? \_\_\_\_\_

Did your parents divorce?  Yes  No If so, how old were you when they divorced? \_\_\_\_\_

If your parents divorced, who did you live with? \_\_\_\_\_

Describe your father and your relationship with him:

\_\_\_\_\_

\_\_\_\_\_

Describe your mother and your relationship with her:

\_\_\_\_\_

\_\_\_\_\_

How old were you when you left home?

\_\_\_\_\_

Has anyone in your immediate family died?

\_\_\_\_\_

Who and when?

\_\_\_\_\_

### **Developmental History**

Did your mother had a difficult pregnancy with you?  yes  no

If yes, please explain:

\_\_\_\_\_

\_\_\_\_\_

Were you born  premature or  full-term? If premature, please report how many weeks: \_\_\_\_\_

How was your birth?  Normal/Vaginal  C-Section  Breech or  other: \_\_\_\_\_

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Has the child had problems with any of the following?

Smiling  yes  no. If yes, please explain: \_\_\_\_\_

Sitting up  yes  no. If yes, please explain: \_\_\_\_\_

Walking  yes  no. If yes, please explain: \_\_\_\_\_

Talking  yes  no. If yes, please explain: \_\_\_\_\_

Toilet training  yes  no. If yes, please explain:  
\_\_\_\_\_

Bed-wetting  yes  no. If yes, please explain: \_\_\_\_\_

### Health and Medical

Do you currently have a primary physician?  yes  no

If yes, who is it? \_\_\_\_\_

Are you currently seeing more than one medical health specialist?  yes  no

If yes, please list: \_\_\_\_\_

When was your last physical? \_\_\_\_\_

Please list any persistent physical symptoms or health concerns (e.g. chronic pain, headaches, hypertension, diabetes, etc.): \_\_\_\_\_

List ALL current prescription medications and how often you take them: (if none, write none)

Medication Name | Total Amount | Daily Dosage | Estimated Start Date


Current over-the-counter medications or supplements:


How would you describe your current physical health (please check one):

Poor       Unsatisfactory       Satisfactory       Good       Excellent

Allergies: \_\_\_\_\_ Current Weight \_\_\_\_\_ Height \_\_\_\_\_

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Please list any current medical conditions:

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Are you having any trouble with your sleeping or eating patterns (if so, please describe):

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Please check from the following list any items that you have experienced recently:

- Loss of interest in previously enjoyed activities
- Overwhelming sadness
- Crying often or crying spells
- Feeling hopeless
- Overwhelming anxiety, panic, or worry
- Frequent physical complaints (headaches, stomachaches, etc)
- Significant change in weight
- Trouble falling asleep or staying asleep at night
- Hyperactivity or often act without considering alternatives
- Refusal to follow rules or direction, even when the request is reasonable
- Negative behaviors towards peers
- Negative behaviors towards adult authority figure
- Increase risky behaviors
- Racing or disorganized thought patterns
- Thoughts of suicide
- Irritability or anger
- Mood shifts
- Self -Mutilation
- Overindulgence in alcohol, recreational drugs, or sexual activity

### Substance Use

Have you ever been treated for alcohol or drug use or abuse?  Yes  No

**\*\* If NO, skip to trauma history header \*\***

If yes, for which substances? \_\_\_\_\_

If yes, where were you treated and when? \_\_\_\_\_

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How many days per week do you drink any alcohol? \_\_\_\_\_

What is the least number of drinks you will drink in a day? \_\_\_\_\_

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What is the most number of drinks you will drink in a day? \_\_\_\_\_

In the past three months, what is the largest amount of alcoholic drinks you have consumed in one day?\_\_

Have you ever felt you ought to cut down on your drinking or drug use?  Yes  No

Have people annoyed you by criticizing your drinking or drug use?  Yes  No

Have you ever felt bad or guilty about your drinking or drug use?  Yes  No

Have you ever had a drink or used drugs first thing in the morning to steady your nerves or to get rid of a hangover?  Yes  No

Do you think you may have a problem with alcohol or drug use?  Yes  No

Have you used any street drugs in the past 3 months?  Yes  No

If yes, which ones? \_\_\_\_\_

Have you ever abused prescription medication?  Yes  No

If yes, which ones and for how long? \_\_\_\_\_

**Circle if you have ever tried the following:**

Methamphetamine

Cocaine

Stimulants (pills)

Heroin

LSD or Hallucinogens

Marijuana

Pain killers (not as prescribed)

Methadone

Tranquilizer/sleeping pills

Alcohol

Ecstasy

Other \_\_\_\_\_

How many caffeinated beverages do you drink a day? Coffee \_\_\_\_\_ Sodas \_\_\_\_\_ Tea \_\_\_\_\_

**Tobacco History**

How you ever smoked cigarettes?  Yes  No

Currently?  Yes  No How many packs per day on average? \_\_\_\_\_ How many years? \_\_\_\_\_

In the past?  Yes  No How many years did you smoke? \_\_\_\_\_ When did you quit? \_\_\_\_\_

Pipe, cigars, or chewing tobacco: Currently?  Yes  No In the past?  Yes  No

What kind? \_\_\_\_\_ How often per day on average? \_\_\_\_\_ How many years? \_\_\_\_\_

**Trauma History**

Do you have a history of being abused emotionally, sexually, physically or by neglect?  Yes  No.

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Please describe when, where and by whom:

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**Religious/Spiritual Information**

Do you consider yourself to be religious?  no  yes

If yes, what is your faith? \_\_\_\_\_

If no, do you consider yourself to be spiritual?  no  yes

Do you find your involvement helpful during this illness, or does the involvement make things more difficult or stressful for you?  more helpful  stressful

**Educational history**

Highest Grade Completed? \_\_\_\_\_ Where? \_\_\_\_\_

What grade are you currently in? \_\_\_\_\_ School name: \_\_\_\_\_

Did you had to repeat a grade?  yes  no. If yes, what grade did you repeat? \_\_\_\_\_

Do you currently have an individualized educational plan, IEP or a 504 plan?  yes  no

Did you ever have an Individualized Educational Plan (IEP) when you attended school?  yes  no

Did you ever had any special classes?  yes  no. If yes, please explain:

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Did you displayed conduct or behavioral problems when you attended school?  yes  no. If yes, please explain what problem behaviors you had in the educational setting:

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Did you attend college? \_\_\_\_\_ Where? \_\_\_\_\_ Major? \_\_\_\_\_

What is your highest educational level or degree attained?

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**Occupational and Social**

Are you currently:  Working  Student  Unemployed  Disabled  Retired

If working what is your current occupation: \_\_\_\_\_

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Do you enjoy your current profession?  yes  no

if no what would you change: \_\_\_\_\_

Please list any current legal troubles at this time, if any:

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What kind of activities or coping strategies do you use when you are stressed or overwhelmed?

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What do you view to be your strengths as a person?

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Briefly describe what has brought you to therapy at this time and what goals you would like to accomplish during therapy.

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Is there anything else that you would like us to know?

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Emergency Contact: \_\_\_\_\_ Telephone #: \_\_\_\_\_

Signature and Date:

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(Signature of the legal guardian if under age 18)

***Pleaser return the completed Client Intake Form to:  
Jonadab S. Franco, MSW, LCSW, LISW-CP at 304 E Greene Street, Rockingham, NC 28379 by the time of the  
initial appointment for services.***